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## FREE READY STEADY GO KIDS CLASSES SET TO RESUME

A free fortnightly outdoor exercise program for children is proving a hit with families at Stockland's Pallara community, with a new term beginning on Saturday, 20 July.

Stockland is inviting families throughout the region to join in the fun of the free physio-designed Ready Steady Go Kids sessions, aimed at improving motor skills and coordination in youngsters aged from one-and-a-half years to six in a fun, relaxed environment.

The classes, which run for 45 minutes and teach kids the fundamentals of 10 different sports, are being held every second Saturday at 9am during the school term at Central Park, at Pallara Avenue, Pallara.

David Laner, Queensland General Manager for Residential Communities at Stockland, said the classes reflected Stockland's commitment to creating a well-connected, family-friendly community at Pallara.

"The children taking part in the Ready Steady Go Kids program not only build their self-confidence and motor skills, but they get to make new friends, along with their families," Mr Laner said.

"The Ready Steady Go Kids program is just one of the ways in which we are bringing people together at Pallara by providing local opportunities for them to lead active and healthy lives.

"A five-kilometre parkrun is held here at Brookbent Road Park every Saturday from 7am and like all of our communities, Pallara incorporates a network of cycling and walking paths as well as parks and open spaces within 400 metres of each home."

Any families interested in taking part in Ready Steady Go Kids can register online via Facebook at [www.facebook.com/stocklandpallara](https://www.facebook.com/stocklandpallara)

Stockland's Pallara community will comprise around 720 new homes and more than 2,000 residents on completion.

Located just 19 kilometres from Brisbane's CBD, Pallara offers buyers a prime location for convenient, family-friendly living at its very best.

For more information visit the Pallara Sales and Information Centre on the corner of Gooderham Road and Brookbent Road, Pallara, call 1300 619 561 or go to the

### For media enquiries

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website at [www.stockland.com.au/Pallara](http://www.stockland.com.au/Pallara). You can also follow the community's progress on Facebook at [www.facebook.com/stocklandpallara](http://www.facebook.com/stocklandpallara)

## ENDS

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**About Stockland:** Stockland (ASX: SGP) was founded in 1952 and has grown to become one of Australia's largest diversified property groups – owning, developing and managing a large portfolio of retail town centres, workplace and logistics assets, residential communities and retirement living villages. Stockland is recognised as one of the most sustainable real estate companies in the world by the Dow Jones Sustainability Index (DJSI) and as a Global Sector Leader by the Global Real Estate Sustainability Benchmark. Stockland is also an Employer of Choice for Gender Equality, as recognised by the Workplace Gender Equality Agency. [www.stockland.com.au](http://www.stockland.com.au)