

Devote some time in the day just for you!

FUN FREE OUTDOOR FITNESS CAMPS

NEW CAMPS **ON NOW**
HIGHLANDS SALES AND INFORMATION CENTRE
PARK BY THE WATERSIDE
1 NORTH SHORE DRIVE, CRAIGIEBURN

NO JOINING FEE, NO CLASS FEE, IT'S ALL **FREE!**



REGISTER TODAY TO BOOK YOUR SESSION
AND GET A **FREE** TAILORED NUTRITION PLAN!
www.livelifeggetactive.com



BOTH SESSIONS RUN FOR 45MINS DAILY

SESSION 1	9.30am
SESSION 2	6.30pm

Mon

X-TRAINING

Tue

BOXING

Wed

X-TRAINING

Thurs

BOXING

Fri

YOGA

PROUDLY SUPPORTED BY



Live Life Get Active is a community initiative that is facilitated and funded by Corporate Australia and Local Government.

Live Life Get Active Pty Ltd ABN 53 152 823 071