

BUILD YOUR CONFIDENCE, FEEL HEALTHIER AND A WHOLE LOT HAPPIER

FUN FREE OUTDOOR FITNESS CAMPS

STARTS 10 NOVEMBER 2022

HILLTOP PARK

CORNER SOHO BLVD & CARNIVAL BLVD

BERWICK, VIC

NO JOINING FEE, NO CLASS FEE, IT'S ALL **FREE!**



Regular exercise and good nutrition can help
build a happy life

CLASSES START 5:30PM MON & FRI, 6:30AM TUES-THURS- EACH RUNS FOR 45MIN

Mon



X-TRAINING

Tue



BOXING

Wed



X-TRAINING

Thurs



BOXING

Fri



X-TRAINING

REGISTER TODAY TO BOOK YOUR SESSIONS

via www.livelifegetactive.com

OR SIMPLY SCAN THE CODE BELOW TO GET STARTED

PROUDLY SUPPORTED BY

MINTA



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it's your place



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