

# CHRISTMAS ESSENTIALS SHOPPING LIST

## MAIN COURSE

- Turkey
- Ham
- Roast beef
- Seafood
- Vegetarian/ vegan option

## SIDES

- Mashed/ roast potatoes
- Roasted vegetables
- Green beans
- Gravy
- Stuffing
- Salad/s

## APPETIZERS

- Canapés
- Finger foods
- Fruit platter
- Charcuterie/ grazing board

## DESSERTS

- Christmas pudding
- Mince pies
- Fruit cake
- Trifle
- Pavlova
- Custard
- Ice cream
- Cream

## FRESH FRUIT

- Cherries
- Berries
- Citrus
- Apples
- Mangos
- Lychees
- Pears

## FRESH VEGETABLES

- Carrots
- Brussel sprouts
- Broccoli
- Cauliflower
- Potatoes
- Salad greens
- Herbs (e.g. parsley, basil)

## PANTRY STAPLES

- Flour
- Sugar
- Baking powder
- Baking soda
- Spices (e.g. cinnamon, nutmeg, ginger)
- Herbs (e.g. thyme, rosemary)
- Olive oil
- Butter
- Margarine
- Eggs
- Milk
- Cream
- Bread crumbs
- Cereals

## DAIRY AND EGGS

- Milk
- Cream
- Butter
- Cheese (e.g. cheddar, brie)
- Yogurt
- Eggs

## BEVERAGES

- Juice (e.g. orange, apple)
- Soda
- Coffee
- Tea
- Hot chocolate/ Milo

## MEATS AND SEAFOOD

- Turkey
- Ham
- Roast beef
- Sausages
- Bacon
- Prawns
- Salmon
- Other seafood options

## CONDIMENTS AND SAUCES

- Tomato sauce
- Mayonnaise
- Mustard
- Relish
- Soy sauce
- BBQ sauce
- Gravy mix
- Cranberry sauce

## SNACKS AND TREATS

- Nuts (e.g. almonds, walnuts)
- Dried fruits (e.g. cranberries, raisins)
- Chocolate
- Cookies
- Candy canes
- Gingerbread

## MISCELLANEOUS

- Cooking oil
- Baking paper
- Foil
- Glad wrap
- Paper towels
- Napkins
- Tablecloths