

GH

MAGAZINE

The autumn hot list

*How to make the key
trends work for you*

Let it glow

*First look at the new
season's beauty must-haves*

Welcome home

*Laid-back autumn style
for your favourite spaces*



Stockland
it's your place

Green Hills

Store directory

More than 50 stylish new stores and The Courtyard dining precinct.
Welcome to a brighter now.

★ = Denotes new store ● = Denotes opening soon

A	LEVEL	Decjuba	1	J	LEVEL	Noni B	G	Sushi Hub	LEVEL			
	G	Dollar King	G		G	Novo Shoes	G	Suzanne Grae	G			
	1	Donut King	G		G	NYS Collection Eyewear	G	Swarovski ★	1			
	1	Dotti	G		1							
	G	Dumpling Flavour	1		G							
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	G				1		1	Oliver Brown ●	1	Table 21 ★	G	
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	G				1		1	Ozmosis	1	Target	1	
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AUSTRALIAN GEOGRAPHIC	G	E	LEVEL	JOE'S MEAT MARKET	G	P	LEVEL					
	1	EB Games	1		G		1	Pandora ★	1	Tella Balls Dessert Bar ★	1	
	G	Ed Harry	G		G		G	Pearl Nails	G	Telstra	G	
	G	Edge Clothing	G		1		1	Peter Alexander ●	1	TGI Fridays ★	1	
	G	Elly's Nails ●	G		G		G	Platypus Shoes ★	1	The Athletes Foot	G	
BAKERS COTTAGE CAFE	G	Endota Spa ★	1	JUST LASHES ★	1	& REPAIRS ★	LEVEL					
	G	Escape Travel ★	G					Portmans ●	1	The Body Shop	1	
	G	Eyecare Plus	G					Price Attack	G	The Cobblers Key	G	
	LEVEL							Priceline	G	The Games Shop	1	
	G							Privvy	1	The Green Room	G	
BAKER'S DELIGHT	G	F	LEVEL	K	LEVEL	Q	LEVEL					
	G	Flight Centre	G		G		1	Prouds the Jewellers	G	The Laser Lounge	1	
	G	Foot Locker	G		G		1	PTC Mobile Accessories	1	The Mobile Company	1	
	1				G		G	& Repairs ★	G	The Reject Shop	G	
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BARBER INDUSTRIES ★	G	G	LEVEL	L	LEVEL	R	LEVEL					
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	G	Gloria Jeans Coffee ★	G		G		1	Rockmans	1	Urban Sport ●	1	
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	G	Green Hills Newsagency	G		G		1	Sanity	G	V	LEVEL	
	1	Guzman y Gomez ★	1		G		1	Secrets Shhh	1	1	W	LEVEL
	G						G	Seed Heritage ★	G	Westpac	G	
	G						G	Shaver Shop	G	Williams	G	
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	G	Harris Scarfe ★	G		G		1	Skechers	G	Wok n Roll	1	
	G	Harry Hartog	1		G		1	Soul Origin	G	Woolworths	G	
	G	Heirloom Jewellers	G		1		G	Specsavers	G	Woolworths Petrol	G	
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	G	Hot Bargain	1		G		1	Sanity	G	1	W	LEVEL
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	G	Hudsons Coffee	1		G		1	Seed Heritage ★	1	Williams	G	
	G	Hunter United Employees	G		G		1	Shaver Shop	G	W Lane	1	
	G	Credit Union ★	G		1		1	Simon Curwood Jewellers ★	1	Wok n Roll	1	
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	1	In Sport	G		G		1	Smiggle	1	1	Y	LEVEL
	1	Ishka ★	G		G		1	Soul Origin	G	1	YD	G
	G						G	Specsavers	G	1	Yes Optus	G
	G						G	Spendless Shoes	G	1		
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	G				G		1	Sportsgirl ★	1			
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	G				G		1	Sunglass Hut ★	1			
BIG W	G			NEWCASTLE PERMANENT	G	Y	LEVEL					
	G				G		1	Sunshine Kebabs ●	1			
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BLOOMS THE CHEMIST	G			NIB	G	Z	LEVEL					
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DAN MURPHY'S	G			NEWCASTLE PERMANENT	G	SUSHI GOGORO ★	1					
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DARRELL LEA	G			BUILDING SOCIETY	G							
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Witchery at David Jones Lined Lapel Coat, \$399.95; **Sportsgirl** Knot Detail Jumper, \$79.95; **Decjuba** Solid Colour Scarf, \$29.95; **Sportsgirl** Skinny Jeans, \$89.95. **Country Road at David Jones Bag.** See in store for details.

Welcome to a brighter now

At Stockland Green Hills, we're so excited to welcome the autumn/winter season and introduce you to the Hunter's newest shopping and leisure destination. On the pages of this magazine, we're showcasing a selection of everything that's new and bright in our amazing new Centre – from the latest fashion, beauty and homewares trends to what's happening in our new dining destination, The Courtyard. For more about what's going on in-Centre, visit stockland.com.au/greenhills. Come in to shop, eat, play and enjoy.

Marketing Team, Stockland Green Hills

What's on



March

Exclusive gift

Spend \$150 in-Centre to receive a leather phone cover personalised with your initials from the monogramming experts at The Daily Edited.

When: 22-25 March. Level 1 near Ozmosis



March

Courtyard garden party

Join us for music, entertainment, food, fireworks and fun at the opening of our Courtyard Dining precinct. Mingle, eat and enjoy!

When: 24 March, 5-11pm

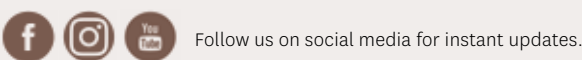


April

Rooftop cinema

Enjoy an early dinner in our food court or Courtyard Dining precinct, followed by a family movie night under the stars at our pop-up rooftop cinema.

When: 16-28 April. For bookings visit stockland.com.au



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The new season shake-up

Brush off the cold weather with a fresh look this winter

AW18 TRENDS

01 Casual checks

This timeless pattern adds an element of polish to any outfit. Throw a checked blazer over a classic jeans and T-shirt combination for a preppy finish, or if you're feeling daring, invest in a pair of tartan trousers worn with leather brogues for a hint of Cool Britannia. New-season style that ticks all the boxes? Check.

Portmans Blazer and Tee. See in store for details (open April). **Jeanswest** Skinny Jeans, \$79.99; **Colette By Colette Hayman** Nelly Tassel Round Tote, \$59.99.



“

Mix and match checks in different colours and sizes for an unexpected and playful look.”

– Kimberly Gardner, stylist



Sportsgirl Check Blazer, \$129.95.



Dotti Paperbag Pants, \$59.95.



The dark side

If you're unsure about how to work a print like this into your existing wardrobe, look for a grey-based check – it's an ultra-versatile colour that'll never go out of style.

Seed Heritage Check Top \$69.95.



Sportsgirl Tie Front A-line Skirt, \$59.95.

Checks appeal

Gingham grows up with modern shapes in snappy black and white.

Tan tones: Add polish with accessories in classic browns



Novo Jade Boots, \$89.95.



Secrets Shhh Halo Cut Simulated Morganite Ring, \$585.



Universal Store The Horse Original Watch, \$149.



Colette by Colette Hayman Coin Disk Tassel Earrings, \$14.99.



Sportsgirl Molly Saddle Sling Bag, \$39.95.



Light fantastic

At the office, switch up your go-to black blazer for a lightweight, luxurious knit in cream or taupe.

Decjuba Knit. See in store for details.

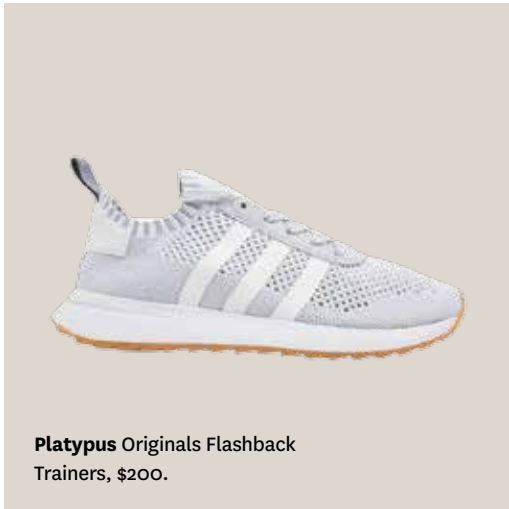
“

For a fresh daytime look, go for all-white. At night, layer a slouchy sweater over a ruffled maxi skirt or wide-leg silk trousers.”

– Kimberly Gardner, stylist



Seed Heritage Pom Pom Cable Beanie, \$24.95.



Platypus Originals Flashback Trainers, \$200.



Seed Heritage Simple Wrap Scarf, \$39.95.

Finishing touch

Equal parts warm and stylish, throw on a cable-knit beanie before heading out to Sunday brunch.

La vie en rose: Pretty it up with pink-toned pieces

Pandora Signature Open Bangle in Pandora Rose, \$249.

Heirloom Jewellers Michael Kors Parker Watch, \$479.

Decjuba Effie Cross Back Pullover, \$99.95.

Michael Hill Knots Pendant, \$499.

Novo Insane Rose Gold Pumps, \$59.95.



AW18 TRENDS

02
Modern knits

As the temperature drops, there’s nothing more satisfying than cosying up at home – but this season’s beautiful knitwear demands to be shown off. It’s all about pairing old with new. Think woollen jumpers – just like Grandma used to make – updated with dramatic, oversized sleeves or fun, fringing detail. The best part? This take on comfort dressing works for all occasions.

Country Road at David Jones Knit. See in store for details. **Colette by Colette Hayman** Multi Circle Drop Earrings, \$14.99; **Sportsgirl** Skinny Jeans, \$89.95; **Mimco at David Jones** Vision Hip Bag, \$379.



AW18 TRENDS

03
Muted tones

Pastels don't have to be on the candy palette. Lighten up dark winter hues with soft shades of blue, moss green and dusty silver. These pieces will add a refreshing dose of colour to your cold weather staples, and are also a long-term investment that'll go the distance from this season to the next.

Trenery at David Jones Jacket. **Country Road at David Jones** Top and Skirt. See in store for details.

“

Look for delicate, soft colours in winter-proof fabrics such as velvet, leather or wool.”

– Kimberly Gardner, stylist



Sportsgirl Satin V Front Back Cami, \$39.95.

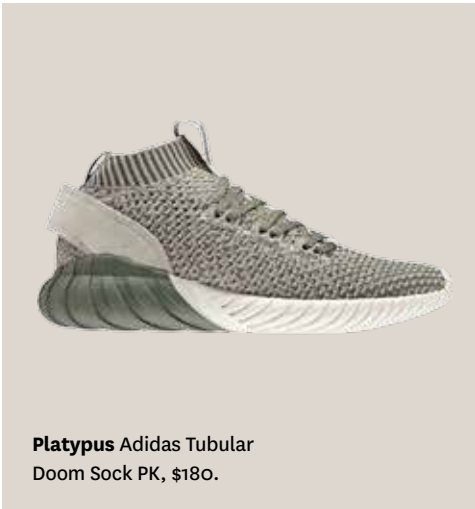


Decjuba Cara Chenille Pullover, \$99.95.



New neutral
Skip your usual black and choose equally flattering shades in eucalyptus green and metallics as your new wardrobe base colours.

Witchery at David Jones
Pleated A-Line Skirt, \$149.95.



Platypus Adidas Tubular Doom Sock PK, \$180.

Soft touch
The winter knit is a classic. Extend the look to casual trainers for cutting-edge style that hugs your feet.

Beyond the pale: Team silver details with the winter blues



Pandora March Droplet Ring, \$59.



Sportsgirl Charlotte Zippy Sling Bag, \$29.95.



Seed Heritage Ruffle Trim Scarf, \$39.95.



Rockmans Asymmetric Rib Knit, \$49.99.



Swarovski Stone Pierced Hoop Earrings, \$179.



Witchery at David Jones Keely Saffiano Crossbody Bag, \$99.95.

In the bag

A structured bag adds sophistication to any look - whether dressing up for work or dressing down on the weekend.

“

Don't be afraid to experiment. Colours from the same part of the spectrum can be layered without looking over-the-top.”

– Kimberly Gardner, stylist



Sportsgirl Crinkle Crop Pants, \$59.95.



Sportsgirl Textured Stitch Slouchy Jumper, \$79.95.



Midas Tenders Heels, \$178.

Step up

Don't let boots have all the fun! When the occasion calls for heels, choose a pair that will see you through to spring.

Rust must-haves: five ways to try on the trend



Bonds New Era Hoodie, \$64.95.



Novo Las Vegas Heels, \$89.95.



Tigerlily Mandola Skirt, \$160.



NYS Collection Eyewear Loris Avenue Sunglasses, \$40.



Novo Alchemy Backpack, \$69.95.



AW18 TRENDS

04 Seeing red

Summer wardrobes may have been invaded by millennial pink, but it's about to get a seasonal makeover. A darling of the autumn/winter catwalks, the rich and varied shades of red ruled. With an emphasis on the moodier and darker end of the spectrum, the latest 'it' colours included tawny port, crimson and burgundy. To rock this hue, simply team with versatile navy peony and edgy metallic silver for a modern classic look - try a subtle stripe to liven up a cloudy day in a snap.

Trenerly at David Jones Jacket and Blouse. Country Road at David Jones Leggings and Bag. See in store for details.

Follow us on social for more style inspiration, fashion news and events.

BEAUTY TIPS

Food for thought

The hottest skincare trends for 2018 take their cues from your favourite health foods.

Probiotics: You can't see them, but approximately 1000 types of bacteria lurk on the surface of our skin, performing important functions such as fighting inflammation, protecting against allergens and helping with wound healing. Topical probiotics and prebiotics help keep the skin's microbiome in balance, and are fast becoming a popular addition to masks and other treatment products.

Essential fatty acids: For almost a century, scientists have known that EFAs such as omega 3, 6 and 9 are essential for healthy, functioning skin. Without them, the dermis becomes dry and scaly, and the barrier function is compromised. Find them in rosehip oil or specialist products such as Endota Spa Organics Deep Hydration Face Moisturiser, \$60.

Vitamin C: This wonder vitamin comes in various forms, and has just as many benefits. A potent antioxidant found in the likes of Drunk Elephant's C-Firma Day Serum, \$116 (at Mecca Maxima), it brightens and evens the skin's appearance. Vitamin C has also been found to help maintain skin's collagen levels.

Endota Spa, Level 1, and Mecca Maxima, Level 1.





Endota New Age Rapid Enzyme Peel, \$70.

3 steps to glow (no make-up required!)

Naturally radiant skin is within reach.

A luminous complexion – the type that's enhanced by make-up, rather than covered by it – is the beauty holy grail. The secret to achieving it is generally down to a good combination of exercise, diet and genetics, but the right products can make a huge difference. Whittle it down to three key steps, using Endota Spa's New Age range.

1 | Exfoliate
Dry and dead skin cells can make the complexion look dull and sweeping them away makes a visible difference. Endota New Age Glycolic Exfoliating Cleanser, \$50, uses a combination of manual and chemical exfoliation, with gentle jojoba beads and a glycolic and lactic acid solution.

2 | Peel
The Endota New Age Rapid Enzyme Peel, \$70, uses fruit enzymes to gently but thoroughly improve the evenness of the skin's texture and its appearance. Don't worry, it won't actually 'peel' your skin, but it will make it look brighter.

3 | Protect
After all that resurfacing, it's important to nourish skin and boost hydration with a rich and intensive moisturiser, such as Endota New Age Cellular Repair Face Cream, \$125. This powerful anti-ageing formula will quench away any dryness and rejuvenate the appearance of the skin.

Endota Spa, Level 1.



“75% of millennial women say that purchasing natural skincare is important to them.”

Sound familiar? Check out Australian brand Grown Alchemist, which delivers serious skin results through certified organic botanical ingredients and natural actives. The brand has just hit shelves at Mecca Maxima.

Source: Harris Poll



Girl for all seasons

With old-fashioned bottles and predominantly floral notes, Tocca is beloved for its very feminine take on fragrance. Emelia is one of the most popular in the range, combining fresh fig with bursts of luscious magnolia to reflect a breezy and bohemian spirit.

Mecca Maxima Tocca Emelia EDP, \$105.



5

Instant updates

Introduce your make-up bag to some new friends. Here's what to buy and where to wear it.



Shopping session

Wear: **Mecca Maxima** Stila Stay All Day Liquid Lipstick in Bellissima, \$32. This long-wear finish means no touch-ups required.



Beachside cocktails

Wear: **Priceline** Models Own Barely There Eyeshadow Palette, \$29.95. Apply dusky pinks, soft nudes and creamy browns for a natural look.



Brunch with the girls

Wear: **Blooms The Chemist** Estée Lauder Double Wear Nude Makeup SPF 25, \$58. Discover flawless skin, sun protection and 24-hour staying power.



Everywhere

Wear: **Mecca Maxima** Mecca Max Banana Bake Skin Filter, \$24. It's your new beauty all-rounder: a powder that neutralises, brightens and sets.



Date night

Wear: **Priceline** Max Factor False Lash Epic Mascara, \$27.95. The wand is designed to give lashes that serious bombshell appeal.



Jay Jays Slim Tapered Jeans,
\$49.95.

Know your denim

Denim is a must-have in any man's wardrobe. Here's a quick primer on what to consider before you buy.

Tapered: On trend right now are jeans that are more roomy around the waist and pockets, and become tighter towards the ankles. This style is often hemmed at or just above the ankles for wear with white trainers or hi-tops.

Drop crotch: Jeans with a longer, exaggerated 'rise' – the distance between the waist and the crotch – are still a strong style statement. Team them with a hoodie and a pair of All Stars.

Skinny: Also called slim or 'super skinny', this style was all the rage a couple of years back and remains popular. Unsurprisingly, it tends to suit the long and lanky.





Jogger: The jogger jean style – basically tapered track pants, but in denim – updates the traditional jean to ride the athleisure wave.

Ripped: Tears, rips and distressed denim give jeans that lived-in appearance that harks back to the glory days of punk rock. There are multiple denim distress techniques – discover your favourite.

Wash: Denim wash comes in many forms – acid, rinse, bleach, mid, light, tinting, coated denim and more. Work out which style suits you, best done by working out how a particular wash style works against the shirts, jackets and shoes you like to wear.

Watch this

A man who can mix and match his wristwear depending on the occasion is one with a good grasp of his personal style.

 <p>The dress watch</p> <p>For the occasions that demand a suit, every man should own a dress watch. There are plenty of options at all price points – the key is to focus on simple, open, elegant dials, mostly in gold or silver cases.</p> <p>Prouds Obaku Men's Watch, \$199.</p>	 <p>The smart watch</p> <p>Smart watches have quickly moved beyond their initial image as up-market fitness trackers. Increasingly sophisticated, they're eating into the market share of traditional mechanical watches through a combination of dressier style and sportier functionality.</p> <p>JB Hi-Fi Smart watches. See in store for details.</p>
 <p>The casual watch</p> <p>Also known as a 'fashion watch' because they often bear the name of a famous designer or fashion house, the trend is now on interchangeable elements – being able to swap out the bracelet for fabric or rubber strap, for example.</p> <p>Goldmark Guess Men's Slate Watch, \$299.</p>	 <p>The diver's watch</p> <p>Many men wear a diver's watch without ever venturing into the deep. That's because they look hyper-masculine. Any high-end watch brand worth its salt makes a diver's timepiece. If you're actually going to wear it diving, do your research properly.</p> <p>Angus & Coote Seiko Prospex Diver's Watch, \$599.</p>

MENSWEAR

The art of smart casual

Getting your everyday look right is simple when you focus on the basics.

'Smart casual' is a phrase many guys can find confusing. Does it mean a collared shirt? No jeans? No trainers? Actually, it's not a dress code as such – rather a well put together look that reflects your personal style. Start with good basics. T-shirts, jeans, chinos and the like should be no older than 12-15 months, so build a good selection. This helps put the 'smart' in smart casual. Around your basics you can then add 'statement' pieces – a bomber jacket, a blazer, a button-down checked shirt. These help express your personality and add versatility – you can dress them up (a work meeting) or dress them down (after-work in the pub). Don't forget accessories. A pocket square, tie pin, patterned belt, shoes and sunnies bring individuality to the smart casual look. If it fits well and looks good, you'll feel comfortable.






Tarocash: Jethro Herringbone Jacket, \$199.99, Xavier Check Shirt, \$89.99, Tarcocash Digby Prong Belt, \$49.99, Benny Stretch 5 Pocket Chino Pants, \$99.99.



5

Earthy essentials

From knits to pants and bombers to backpacks, the quintessential colours of winter are easy to mix and match.

 <p>Connor Aaron Knit, \$59.99.</p>	 <p>Tarocash Jerry Stretch Pants, \$99.99.</p>	 <p>Gazman Soft Touch Harrington Jacket, \$149.</p>	 <p>Connor Dunn Longline Crew Tee, \$29.99.</p>	 <p>G-Star Raw at David Jones Garber Padded Trench, \$330.</p>
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Join the men's grooming club

Never had the real barbershop experience? You're missing out...

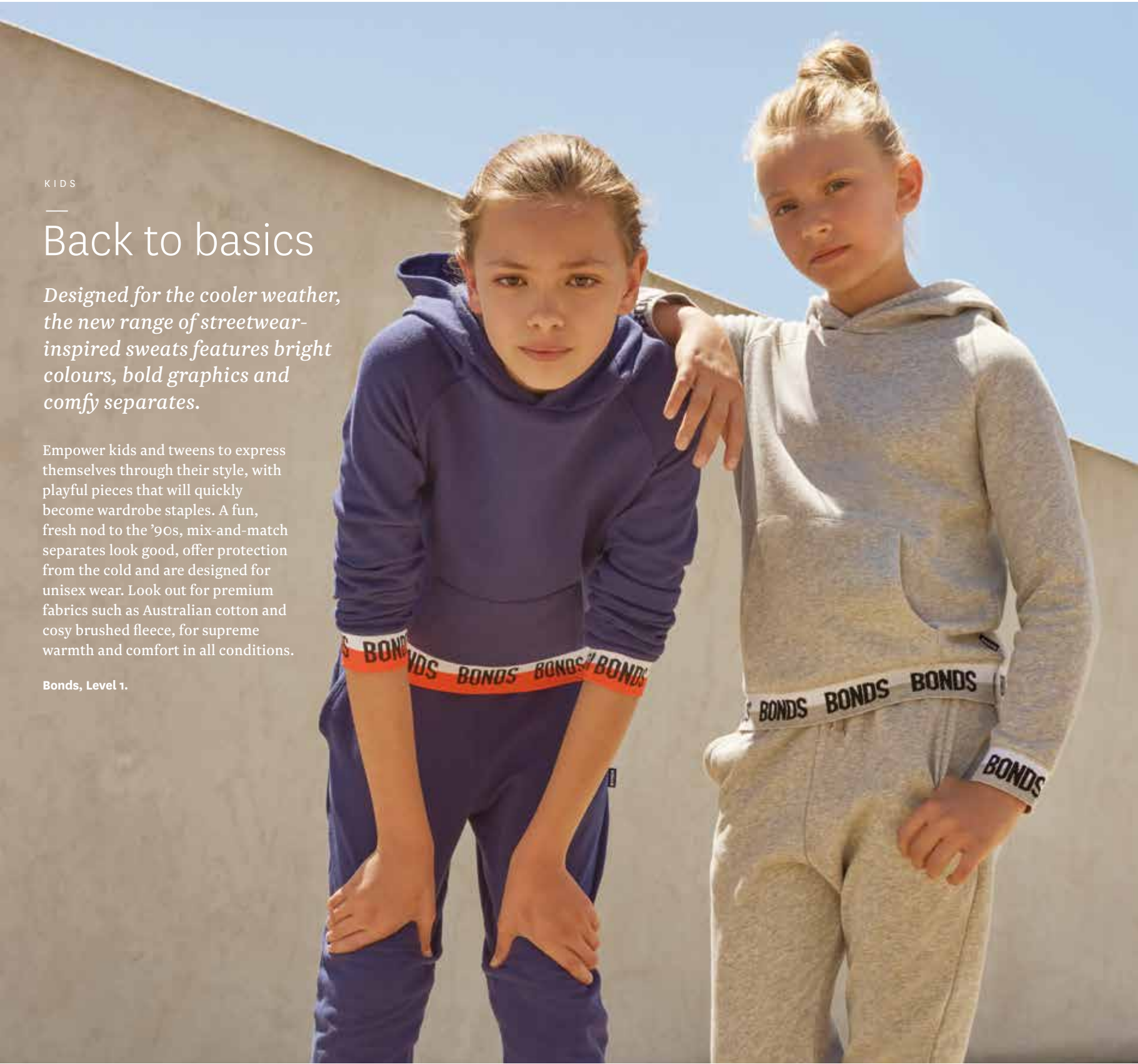
While women have few qualms about treating themselves to a salon experience, guys are often a little less likely to indulge in such 'me' time. But like being fitted for a bespoke suit, an authentic barbershop experience is an experience worth repeating. Whether it's for a simple haircut or the full experience involving a wash and a shave, every man

should visit a genuine barber at least once in his life for some very common sense reasons. First, the experienced barber is a specialist in personal service. After the latest fad haircut or want to know how to style receding locks? A barber is an expert in finding the right solution. And he'll do it right. Shaving is an art, and

too many blokes do it the wrong way, resulting in razor burn, shaving rash and unsightly ingrown hairs. The barber's expertise can give you a shave you've never experienced before, and it will arm you with the tips you need on how to improve your own performance depending on the direction your facial hair grows and the strength of

your beard. Finally, the contemporary barber stocks all the best and latest in men's product – from beard oils to balms and pomades – which, after application, will make you walk out looking and feeling a million dollars.

Barber Industries, Ground Level.



KIDS

Back to basics

Designed for the cooler weather, the new range of streetwear-inspired sweats features bright colours, bold graphics and comfy separates.

Empower kids and teens to express themselves through their style, with playful pieces that will quickly become wardrobe staples. A fun, fresh nod to the '90s, mix-and-match separates look good, offer protection from the cold and are designed for unisex wear. Look out for premium fabrics such as Australian cotton and cosy brushed fleece, for supreme warmth and comfort in all conditions.

Bonds, Level 1.

“
When styling kids’ rooms, colour is key for inspiring creativity and sparking their imaginations.”

- Melissa McMeekin, interior stylist



Bathtime fun

Kids have a way of taking over the bathroom, but that doesn't mean you have to just give in to the chaos and shut the door! Whether you have a dedicated kids' bathroom or you're sharing a space with the knee-high set, decorating with kids in mind means you'll end up with a fun and welcoming space – and you shouldn't get any objections when it's time to take a bath. Assign each child a hook in his or her own personal colour then stick to the theme with towels and robes and take inspiration from favourite

cartoons or animals in the accessories. A small chair or stool can come in handy for holding towels or as a perch for a sibling or parent at bath time. Thinking of a quick update? Change can be as simple as rethinking the bath mat or applying cute decals to the side of the bath or the mirror. Keep the bathroom tidy with coordinated storage for spare soaps, shampoo and toothpaste. Lastly, don't forget to buy a plastic tub so they can easily pack away all those wet toys once bath time is over.

Bed Bath N' Table Morgan & Finch Kid's Hooded Stripe Towels, \$39.95 each.

That's entertainment

There are so many places where kids can have fun.

Shopping with little ones? They're going to love our new Enchanted Forest play area on Level 1 where you can take a break while they explore the treehouse, balance beams, rubber maze, interactive talk tubes, talking knotwood tree and more! Discover new adventures with the latest and classic family

fun games and activities at Timezone. It's the ideal spot for a visit year-round and also offers party packages so you can relax while the kids have fun in a safe and vibrant place. Bring the under fives along to CR8 Play, our free kids activity in centre every Monday at 10am.

Coming soon to Stockland Green Hills is Chipmunks Playland – an indoor play centre that offers unlimited play for kids aged up to 11 years and a full-service cafe. Plus check our website for details of a brand new Hoyts seven-screen cinema complex.



Sign up for a monthly events newsletter on our website. Be sure to click 'kids' under interests.

Size matters!

When it comes to kids' accessories, bigger is always better.



Tasty tote

When you have lots of important stuff to carry around, you need a bag that's up to the job. This one won't get lost in a hurry.

Seed Heritage
Cupcake Bag, \$29.95.



Royal Treatment

Add a little sparkle to your little princess's bedroom. This regal cushion is sure to become their favourite feature.

Adairs Kids Designer Cushion Crown, \$39.99.



Take a seat

This giant toadstool is a fun alternative to a chair and the perfect perch for your next elves-and-fairies tea party.

Bed Bath N' Table Morgan & Finch Large Toadstool, \$39.95.

5

Gift ideas for kids

Got a birthday party coming up? Choose something that's as fun as it is functional.



Bed Bath N' Table
Morgan & Finch Kid's Bear Brothers Tent, \$199.95.



Smiggle Hola Light Up Trolley Backpack, \$84.95.



Bonds Scrunchie, \$2.50.



Skechers Twinkle Toes: Twinkle Breeze 2.0 Foolish Love Shoes, \$89.95.



BCL Babies
Newborn Gift Set, \$35.

BEDDING

The great escape

Create your very own bedroom oasis with an inspiring winter palette, featuring shades of terracotta and storm blue.

Retreat to your master bedroom and sink into layers of luxury, with bedding crafted in soft and indulgent fabrics such as jersey, chambray and vintage linen. Dare to pair unexpected textures and colours for a setting that is uniquely ‘you’. The beautiful new winter hues combine soothing shades of dusty peach and baby blue with terracotta and stone grey. Slipping into bed will soon become the most decadent moment in your day, with ultra-soft cotton jersey sheets and deluxe jacquard quilting reminiscent of a five-star hotel experience. Your best ever night’s sleep starts here.

Adairs, Level 1.



Adairs Home Republic Remi Quilted Bedlinen Queen, \$229.99.

Dish it out

Some like it hot, but for others, winter seduces with its cosy comforts – the smoky scent of an open fire, curling up with a hot chocolate (or glass of merlot) in hand, and the smell of soul-warming dishes filling the home. One-pot meals are a cold-weather rite. They’re quick and easy to prepare so you can spend more time on the couch, and they have the added bonus of using fewer dishes (minimal washing up!). Although, their true beauty lies in the melded flavours that result from all the ingredients cooking together in the one dish. What’s on the menu? Winter favourites such as soups and casseroles are always a favourite choice – and a top pick for loading up on immunity-boosting vegetables to stay well during flu season. But paella, lamb shanks and even brownies can be cooked up in a single pot, too.

Harris Scarfe, Ground Level.



“As we move towards autumn/ winter, I’ll be embracing natural, earthy hues like tobaccos and olives. Pairing these with natural fibres helps create a warm and tactile space, perfect for the cooler months.”

- Melissa McMeekin, interior stylist



Good-looking enough to eat

We eat with our eyes, which is why we gravitate towards food that looks as pretty as a picture. (Yes, Instagrammers, we’re looking at you.) Research has found that the more enticing a meal looks, the more flavourful and enjoyable we believe it tastes. So make your first impression count. Even if your cooking isn’t up to chef-standard, taking the time to plate a dish well could just be your ticket to winning over dinner guests. Start with something simple: your servingware. Think of it as your canvas. Matte, unadorned platters in winter hues make seasonal ingredients stand out in contrast. Avoid

overcluttering your plate – remember, less is more as it’s more pleasing on the eye – but also ensure the portion size doesn’t come off looking measly. Follow the rule of odds, that is, grouping food in uneven numbers to draw the eye with its asymmetry. Embrace the theatre of food presentation and unleash your creativity. Consider the angles, create drama with height, and intricately layer to connect all your elements together. For the finishing touch, don’t forget to garnish.

House, Ground Level.

5

Cold comforts

Add a layer of snug with cosy accessories that make you look forward to staying home.



My House Arden Throw, \$119.95.



Tigertily Del Este Candle, \$45.



Target Feather Faux Fur Cushion, \$20.



Ishka Multi Coloured Mini USB Salt Lamp, from \$19.



Adairs Mercer + Reid Ultra Soft Bath Robe, \$79.99.

Welcome to The Courtyard

Feast on the finest fresh flavours and culinary creations in our brand new dining destination.

The recipe for a perfect meal comes down to where you are, what you're eating and who you're with. The Courtyard dining precinct takes care of the first two. An idyllic setting for wining and dining the night away (or for a long lunch that stretches into the afternoon), the alfresco environment allows you to drink up the fresh Hunter Valley air while you sit back and enjoy a few local vinos. As for the food, it caters to all tastes, whether it's a love of spicy Asian street food or an insatiable desire for the sweet stuff. You bring your appetite and your friends and we'll take care of the rest.

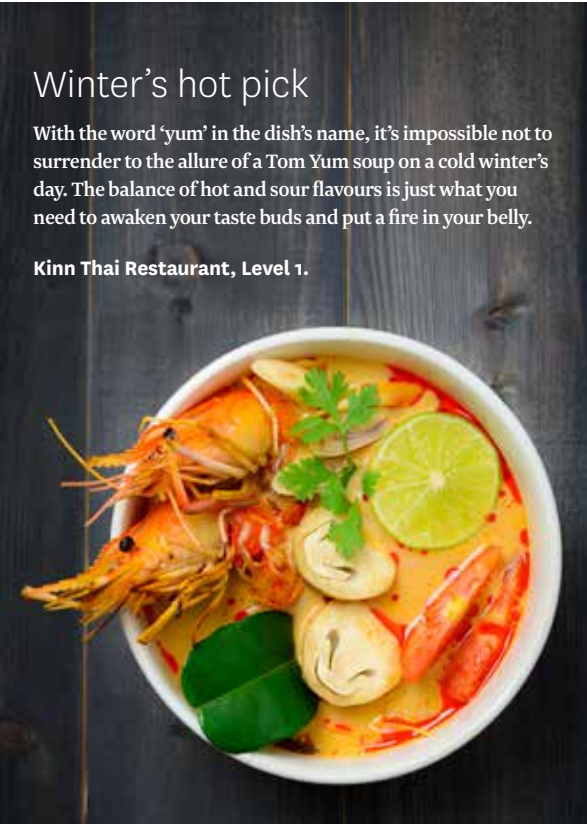
The Courtyard dining precinct is located on Level 1.



A taste of Hong Kong

When you think of Asian cuisine, Hong Kong's local fare probably doesn't spring to mind. But considering it's home to a thriving food scene, including 61 Michelin-starred restaurants, it's about time you put it on your radar. Hong Kong Chef dishes up a menu that melds the traditional (think handmade dumplings and barbecue duck) with modern influences and impeccable plating. "The kind of food we're serving is the epitome of Hong Kong – a curious mixture of Western and Eastern, modern and traditional, radicalism and conservatism," says chef Mr Leung who has worked in top Hong Kong restaurants for more than 30 years.

Hong Kong Chef, Level 1.



Winter's hot pick

With the word 'yum' in the dish's name, it's impossible not to surrender to the allure of a Tom Yum soup on a cold winter's day. The balance of hot and sour flavours is just what you need to awaken your taste buds and put a fire in your belly.

Kinn Thai Restaurant, Level 1.

Give in to the urge

Burgers have been having more than a hot minute of late. But the truth is, when wasn't the humble burger a fan favourite? How burgers went from being a simple patty in a bun to the creative masterpieces they are today has everything to do with people like Sean and Colby Carthew. The brothers behind Burger Urge aren't interested in playing it safe. Some of their burger names alone are testament to this – the Donald Trump springs to mind – and they're not into doing stock-standard combinations. Try the Babe & Daisy, which combines maple bacon and avocado in a stroke of genius. For vegetarians, there's the South of the Border burger (starring a kale and smoked paprika patty) that will hit the spot. And don't forget to check out the milkshake of the month.

Burger Urge, Level 1.



Know your sushi

Decode the sushi lingo and try something new at Sushi Gogoro.

 <p>Temaki</p> <p>Best eaten immediately after making to ensure the nori remains crisp, seaweed is rolled into a cone shape and filled with ingredients and a little sushi rice.</p>	 <p>Sashimi</p> <p>You know the quality of a sushi place by its sashimi. With nowhere to hide, sashimi is a delicate slice of raw fish or shellfish. Think beyond salmon with tuna, kingfish or squid.</p>	 <p>Maki</p> <p>Commonly called a sushi roll, maki is rice and filling that's tightly wrapped with nori (seaweed). The sign of a well-made maki is one that doesn't fall apart as you bite in.</p>
 <p>Gunkan maki</p> <p>A looser-wrapped version of maki that's hand-rolled into an oval shape, gunkan maki is often overflowing with filling, with special attention paid to presentation.</p>	 <p>Uramaki</p> <p>A reverse of maki, the filling in the centre is wrapped in seaweed and finished with a layer of sushi rice around the outside. Toasted sesame seeds optional.</p>	 <p>Nigiri</p> <p>Nigiri translates to 'two fingers', which refers to the size of the rice portion. This style of sushi heroes a thin slice of fish over a dollop of wasabi, laid on a palm-pressed bed of rice.</p>

Sushi Gogoro, Level 1. Find more sushi at Sushi Hub, Level 1, Tokyo Sushi and Toto Sushi, Ground Level.



How to win the hunger game

For those prone to food fomo (fear of missing out), or the believers in ‘go big or go home’, these are the dishes to order at Rashay’s.

Big Daddy: Some like their steak, others are fans of chicken, and don’t even get us started on ribs. If you can’t decide on a protein, then don’t. The Big Daddy is a giant serving of beef ribs, lamb rib rack, 180g New York steak and grilled chicken breast fillet stacked on one plate. You’ll never go hungry again. **Schnitzel Fettuccine:** Got a hankering for your pub favourite, but also can’t seem to shake your craving for Italian? The Schnitzel Fettuccine is quite literally two meals in one. The decadent serving of creamy mushroom pasta is topped off with a full serving of chicken schnitz. Yes, please. **Original Rashay’s Chicken:** When a dish has been on the menu since day dot, you know it must be good. And what doesn’t sound good about chargrilled chicken breast drenched in a creamy mushroom sauce laid on a bed of chips? When in doubt, order its signature dish, The Original Rashay’s Chicken.

Rashay’s, Level 1.

“At GYG, our food is our passion and our pride and joy. Our mission is to share the real flavours of Mexico with the world, and we’re 100 per cent obsessed with it!”

- Steven Marks, Guzman y Gomez founder and global CEO



Mexican in minutes

Considering our access to locally grown produce here in the Hunter Valley, it’s no surprise we have high expectations from the ingredients that go into our food. While Guzman y Gomez (GYG) may look like just another fast food chain – and it certainly delivers on the fast front – it takes no shortcuts with its ingredients. Fresh, quality food has always been front of mind for GYG’s founder Steven Marks, who sources

all his free range chicken and fresh produce from within Australia. A perfectionist with a passion for authentic Mexican food, Marks has admitted to changing his corn chip recipe at least 18 times in an effort to nail the ideal thickness and crunch for guacamole dipping. Now that’s dedication.

Guzman y Gomez, Level 1.



Thank goodness it’s... *With great food and an emphasis on fun, the weekend starts here.*

Back when socialising was confined to entertaining in the privacy of your own home, a man named Alan Stillman opened up a local watering hole that changed the game. It didn’t take long before he had people flocking to the streets, making their evenings a public affair at what is considered one of the world’s

first singles bars. The time was 1965 and the bar was TGI Fridays. Now a hotspot for families and friends to gather for a good time and feast over American fare such as buffalo wings, burgers and its famous loaded potato skins, some things haven’t changed from the original. In an interview with US newspaper *New City*

Reader, Stillman shared his original vision for his bar: “I wanted TGI Fridays to feel like a neighbourhood corner bar where you could get a good hamburger, good French fries, and feel comfortable.” Stillman also shared in the interview that Tom Cruise played his character in the movie *Cocktail*!

TGI Fridays, Level 1.



Belgian at its best

Waffles, crepes, fondue, shakes... all with chocolate in a starring role.

Belgians have high standards when it comes to their beloved chocolate. They only make it with 100% cocoa butter, a minimum of 35% pure cocoa goes into each block for a richer flavour and, for the most part, they insist on hand-making it using traditional recipes. Its bitter taste and high aroma is enough to allure anyone, and that’s exactly what happened when Oliver Brown’s founders were on a trip around Europe back in 2009. Their adoration for the cocoa goodness was so strong that they created their first Oliver Brown restaurant where Belgian chocolate was not only heroed, but trickled through the entire menu. Now happily making itself at home in the Hunter Valley, when the chill of winter gets the better of you, wrap your hands around Oliver Brown’s signature hot chocolate in all its gooey glory.

Oliver Brown, opening soon.



Anyone for coffee?

Our love of coffee is well documented, but where did it all start? Legend has it that in the 9th century an Ethiopian goat herder took some berries to his local monastery, where the monks made a drink that kept them awake through the evening prayer session. Word spread and coffee cultivation began in earnest in the 15th century on the Arabian Peninsula, spreading through Yemen,

Persia, Egypt, Syria and Turkey to Europe. Public coffee houses sprang up in cities around the globe, where people gathered to play games, exchange information and hatch plans. Coffee was brought to Australia on the First Fleet in 1788, but it wasn’t until the 1950s that the good-quality espresso we know and love was brewed by the newly arrived southern Europeans. Thanks to them,

the average Aussie now downs 520 cups a year. You can get your coffee fix at one of the many cafes here in the Centre. Make sure you pay a visit to our new coffee specialists Gloria Jeans, Coffee Guru and Table 21. Add a slice of cake on the side and you’re set for the day.

Gloria Jeans, Ground Level, Coffee Guru, Level 1, and Table 21, Ground Level.




DESSERT

Everything tastes better with Nutella

Even in your wildest sugar-coated dreams, chances are you’ve never imagined a dessert kebab made with a doughnut pita, milk and Belgian white chocolate, whipped cream, banana, strawberries and lashings of Nutella.

But Tella Balls co-founders Aki Daikos and Simon Kappatos did, and then they put it on the menu at their dessert bar. A place where anything is possible, sweet treats are their game and they know no rules. Doughnuts are turned into chips and ice-cream cones, crepes are crafted to look like fettuccine and tossed in a chocolate sauce (because why not?!) and nothing escapes without a generous layer of Nutella. It’s the place where you leave your guilt at the door and remind yourself that you only live once.

Tella Balls Dessert Bar, Level 1.



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