

AUTUMN WINTER 2017

S  
MAGAZINE

# MEET CHRISTIE HAYES

*The new local making  
it big in Wollongong*

A cool change

8 LOOKS  
YOU NEED  
TO TRY

RIGHT  
NOW



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(Valued at \$99, bangle excludes charms)

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PANDORA



# A COOL CHANGE

Get ready to fall in love with Winter at Stockland Shellharbour. Our magazine is jam-packed with fresh fashion and inspiring trends straight off the European runway. Pay tribute to **military accents** and march out in khaki, or stay in full bloom and get your hands on the latest **floral prints with a moody twist**. Is beauty more your style? Be sure to check out our adaptable and achievable trends you can try out for any occasion (glitter for daytime is so a thing). And don't look past our **hot hair how-tos!** Plus, embrace your inner Zen and read about the latest movement taking the world by storm on page 24. Spoiler alert: it involves loving yourself and eating chocolate (could it get any better?). And to top it all off, we have the most amazing and downright delicious comfort food recipes. You will be making them every night on repeat, guaranteed. They have cheese, and lots of it!

**HAPPY SHOPPING**

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COUNTRY ROAD  
MODEL IN TURTLENECK WITH SCARF

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FOREVER NEW  
MILLY MIDI WRAP  
COAT \$129.99

# JUST BEING

*Local i98FM radio host Christie Hayes chats to us about everyday life, acting, and the most important role she's ever played.*

Growing up in the small town of Nowra, Christie Hayes always dreamed of being on stage. And with a strong love for acting, there was no doubt she would hit the big-time.

"For as long as I can remember, I wanted to be an actress," Christie says. "I didn't care whether it was at school, at drama club, with my big sister in front of our family, or even by myself – I just loved performing. It's the place I feel most comfortable and, most importantly, the happiest."

As the daughter of a drama teacher, Christie was immersed in the arts from a young age. She took theatre lessons and dabbled in child modelling, but it was a yoghurt commercial that catapulted her into the Australian entertainment industry.

When it comes to her most treasured acting memory, Christie surprisingly does not single out her success on *Home and Away*. "I remember how much I loved my first television series, *Treasure Island*," she reminisces. "But meeting my now husband Daniel and having our two little ones takes the cake."

Christie's life as a working mum might be chaotic, but she strives to find serenity in the simplest of things.

"I truly value taking care of myself," she says. "I go to bed early, I eat well, I keep great relationships, I choose peace and happiness, and learn as much about people, life and myself as I can. I just love life and am grateful to have a busy schedule."

When asked what made her gravitate towards a career in radio, Christie's response was simple: "I love to talk!"

*"I truly value taking care of myself. I go to bed early, I eat well, I keep great relationships, I choose peace and happiness, and learn as much about people, life and myself as I can."*

As a current co-host of i98FM, Christie sees radio as an outlet where she can further express herself.

"I love the creativity of planning a show," she says. "I work hard to service our listeners and perform to the best of my ability. I just love how much fun we have and hope people have fun with us."

Christie's life has not been without difficulties. "Driving myself to keep pushing forward when I was getting rejection or doors not opening was a challenge," she admits.

## CHRISTIE'S STYLE FILE

### **Your fashion style?**

Messy but comfortable, casual, and with a touch of sexiness and sophistication.

### **Go-to outfit?**

A fun dress that can go with heels or flats. I live in dresses.

### **Heels or flats?**

Heels.

### **Scent you're loving at the moment?**

Gucci is always my go-to. I wear Gucci Flora.

### **Jeans or skirts?**

Skirts.

### **Favourite seasonal trend?**

The return of the cashmere coat and a classic trench.



TERRY WHITE CHEMISTS  
GUCCI FLORA EDP SPRAY 50ML \$79



@christiehayes



@christiehayes



# CHRISTIE

However, learning to overcome these obstacles has led to Christie enjoying a prosperous career in radio.

When asked what she loves most about her work, Christie spoke of her admiration for her co-workers and appreciation for her listeners.

"I love the people I work with! Being the person people listen to in their busy day is an honour," she says.

Still, Christie says that the best part of her day is spent with her children, and "the look on their faces when they see me come home!"

Christie proves that you can truly have it all. With her important roles of mother and career woman, she serves as inspiration for Australian women looking to head down the same path.

And what's the secret to her success, you ask? Coffee and wine might be helpful motivators, but Christie puts her smooth sailing down to something far simpler.

"I don't actually know what I'm doing," she freely admits, "but I'm having the best time pretending."

—  
**MEET & GREET**  
SAY HELLO TO  
CHRISTIE HAYES  
IN-CENTRE AT STOCKLAND  
SHELLHARBOUR ON  
SATURDAY, 13TH MAY.  
—



POPPY PETERSON PHOTOGRAPHY



**SHEIKE**  
AMBIANCE SKIRT \$109.95



**WITTNER**  
REGIS BOOT SAND \$279.95



**JEANSWEST**  
ANOTINA PLEATED TOP \$59.99

**THE STAPLE:** OPT FOR A FLOWING SKIRT IN AN EARTHY COLOUR PALETTE THIS A/W. YOU CAN DRESS IT UP OR DOWN WITH ACCESSORIES FOR ANY OCCASION.





# MARCH ON

*Get ready to make the ultimate fashion statement in military-style arsenal. Stick to crisp and structured pieces to nail the look. Do we love this trend? Sir, yes, sir!*

1. FOREVER NEW ROSA TIERED RUFFLE BARDOT TOP \$69.99 2. COLETTE BY COLETTE HAYMAN BAR CHAIN FRONT BACK EARRINGS \$7.99  
 3. SPORTSGIRL EMBROIDERED MILITARY JACKET \$169.95 4. BLUE ILLUSION DARLING GLOVE \$59.99 5. FACTORIE JALA JEGGING \$29.95  
 6. COUNTRY ROAD LAYLA SUNGLASSES \$119 7. COTTON ON DELUXE COATED MINI SKIRT \$34.95 8. SHEIKE EVIE CAPE \$139.95 9. ROCKMANS JACKET \$89.99  
 10. COTTON ON HELENA HIGH-NECK DRESS \$29.95 11. FOREVER NEW PAMELA BADGED SHACKET \$129.99 12. SPORTSGIRL PU A-LINE MINI SKIRT \$69.95  
 13. SUPRE WESTERN BELT \$25 14. SHEIKE HIGH STAKES VEST \$199.95 15. R.M.WILLIAMS KIMBLEWICK SKIRT \$139 16. SPORTSGIRL AHOY HAT \$24.95





1. LOVISA GOLD DROP HOOP EARRINGS \$10.99 2. FACTORIE SPARKLE MIDI DRESS \$39.95 3. CITY CHIC BIKER JACKET \$149.95  
 4. BETTS FOR HER AUTUMN PATENT BOOT \$79.99 5. SPORTSGIRL CRINKLE CROP CAMI \$49.95 6. DOTTI THE PEACHES PUSH-UP JEAN \$49.95  
 7. GENERAL PANTS CO. NEON HART METALLIC MICRO PLEAT SKIRT \$59.95 8. JEANSWEST ADELE WOOL-BLEND COAT \$199.99  
 9. LOVISA WATCH \$29.99 10. BLUE ILLUSION SERENA BERET \$49.99 11. SPORTSGIRL CRINKLE CROP PANT \$59.95  
 12. COUNTRY ROAD LONGLINE COAT \$449 13. VERONIKA MAINE AT MYER DRAPEY ANGLED PLEATED SKIRT \$189



# FIBRE ARTS

Rough and whimsical designs collide in this edgy street-inspired look. Layer pieces over basics for an instant outfit upgrade and an eye-catching intricate ensemble.

1. COLETTE BY COLETTE HAYMAN BUMBLEBEE BACKPACK \$59.99 2. SUNGLASS HUT PRADA (395989) SUNGLASSES \$390 3. SHEIKE EMBROIDERED SHIRT \$99.95  
 4. SPORTSGIRL EMBROIDERED ANORAK \$119.95 5. ALLY FASHION ROSE APPLIQUE LONG-SLEEVE BODYSUIT \$29.99 6. SPORTSGIRL ZAHARA EMBROIDERED CLUTCH \$39.95  
 7. SPORTSGIRL POP OF COLOUR BEADED EARRINGS \$24.95 8. WITTNER EZRAH ANKLE BOOT \$289.95



# COOL TWIST

*Make classic silhouettes intriguing with texture in the form of bows. Refreshing without trying too hard, the style can be pared back with suede and gold hues for a modern style-meets-school vibe.*



1. FOREVER NEW FELICITY SWING TIE-SLEEVE BLOUSE \$79.99 2. COTTON ON SERENA V-NECK TOP \$19.95 3. COUNTRY ROAD SATIN WRAP TOP \$99.95  
4. SUZANNE GRAE TIE-FRONT TOP \$29.95 5. LOVISA EARRINGS \$12.95 6. SUNBURN SEAFOLLY BORA BORA ICE SUNGLASSES \$79.95  
7. LOVISA SILVER DIAMANTÉ Y-CHAIN NECKLACE \$13.99 8. COUNTRY ROAD DENIM DUSTER COAT \$229 9. SEED HERITAGE AT MYER COLD SHOULDER TEE \$39.95  
10. KATIES SUEDETTE WRAP SKIRT \$69.95 11. SUSSAN ALLANAH SHOPPER BAG \$69.95 12. DIRECT SHOE WAREHOUSE COURT COUTURE RILIAN BOOT \$79.95



**ELECTRIC FOLK**

*If you're a lover of bold prints or the romantic essence of florets, these prints in all shades will help feed your addiction.*

1. KATIES GEO PRINT SCARF \$29.95 2. SUSSAN RELAXED BLUE JEAN \$99.95 3. CITY CHIC ORIENTAL JUMPSUIT \$129.95  
 4. SURF DIVE 'N SKI PIPER WOOL FELT HAT \$99.95 5. COUNTRY ROAD SPOT PRINT SMOCK SHIRT \$139 6. GOLDMARK EARRINGS \$59.90 7. ROCKMANS SWEATER \$59.99  
 8. FORCAST TILLY FLORAL FRILLED BLOUSE \$59.95 9. CUE AT MYER VICTORIAN GARDEN FLORAL DRESS \$359 10. SHEIKE SECRET GARDEN PANT \$129.95  
 11. DOTTI THE OLIVIA JEAN \$39.95 12. BEME FLORAL SHIRT \$59.99 13. JUST JEANS LEVI'S 505 CUSTOMISED CROP IN HEAT STROKE \$139.95





# I WOKE UP LIKE THIS

*Inspired by the loungewear of the '20s, sleepwear as outerwear is a trend that will continue into Winter with a striking colour palette. Stay stylish by combining loose and structured layers.*

FORCAST

1. COUNTRY ROAD SOFT SATIN TRENCH \$349 2. NOVO DENNY SLIDE \$59.95 3. NOVO AMAYA BAG \$69.95 4. CITY BEACH QUAY EYEWEAR UKIYO SUNGLASSES \$65  
5. ESPRIT AT MYER SKINNY STRETCH JEAN \$99.95 6. SHEIKE ASHLEY BLOUSE \$89.95 7. BRAS N THINGS AUTUMN BRALETTE \$49.99 8. COUNTRY ROAD SILK LONGLINE SHIRT \$179  
9. COLETTE BY COLETTE HAYMAN KATE JEWEL CLUTCH \$49.99 10. WANTED SHOES WANTED OASIS HEEL \$149.95 11. SHEIKE GRAVITY SKIRT \$99.95  
12. ALLY FASHION LACE TRIM CAMI \$25.99 13. R.M.WILLIAMS TROT MAXI DRESS \$319 14. SHEIKE VISION PANT \$159.95 15. SHEIKE QUEEN OF HEARTS DRESS \$159.95



# ON DISPLAY

*Put your best foot forward this season and step out in metal hardware, sky-high flatforms and cuts with a more masculine feel.*



1. SPEND-LESS SHOES MANDRA HEEL \$49.99 2. HYPE DC SHUBAR GEORDIE HEEL \$99.95  
3. COUNTRY ROAD MACKENZIE BOOT \$249 4. WITTNER REINE HEEL \$269.95  
5. WANTED SHOES TONY BIANCO FRENCHY BOOT \$219.95 6. WITTNER MALITA BROGUE \$169.95  
7. MATHERS ROBBI BY CORELLI \$69.95 8. NOVO CECILE FLAT \$39.95 9. THE ATHLETE'S FOOT  
PROPET WOMENS TRAVELACTIV SHOE \$119.95 10. PLATYPUS SHOES CLAE BRADLEY OILED LEATHER  
SHOE \$199.99 11. FRENCH CONNECTION AT MYER EMBROIDERED LEATHER SNEAKER \$129.95



# FINE LINES

*Layering delicate necklaces in all different shapes and sizes makes for an effortless and simple statement. This look translates well in gold and silver, and doesn't need to cost a fortune.*



MICHAEL HILL

SWAROVSKI  
GINGER PENDANT  
\$89

PANDORA  
PANDORA LUMINOUS  
DAINTY DROPLETS  
NECKLACE \$99

BELLINO LEADING  
EDGE JEWELLERS  
NAJO NECKLACES  
FROM OUTSIDE IN  
\$89, \$199

SPORTSGIRL  
STUDED CHOKER  
NECKLACE \$14.95

ANGUS & COOTE  
GOLD TWIST DROP  
EARRINGS \$139

PROUDS THE JEWELLERS  
18CT GOLD RING WITH  
1CT TOTAL WEIGHT OF  
DIAMONDS \$3,499

**FUNK IT UP:** LAYERING  
IN FINE PIECES CREATES  
ELEGANCE. MIX UP  
YOUR LOOK BY ADDING  
PUNK-INSPIRED CHOKERS.

COUNTRY ROAD  
EARRINGS \$149

LOVISA  
METAL CHOKER  
PACK \$15.99



# RUNWAY TO REALITY

*From daring and dramatic lips to a brand-new shimmer, these are refreshing beauty products you can rock in real life.*



1. PRICELINE RIMMEL KATE MOSS MATTE FINISH LIPSTICK \$12.95 2. GOOD PRICE PHARMACY WAREHOUSE REVLON ULTRA HD GEL LIPCOLOUR \$21.99 3. PRICELINE REVLON SUPER LUSTROUS LIPGLOSS FATAL IN APPLE \$22.95 4. BLOOMS THE CHEMIST NATIO LIP COLOUR IN RUSH \$14.95 5. THE BODY SHOP COLOUR CRUSH MATTE LIPSTICK RED SIREN \$21.95 6. NAPOLEON PERDIS LOOSE EYE DUST \$35 7. THE BODY SHOP LIQUID EYELINER \$18 8. PRICELINE NYX ROLL ON SHIMMER \$4



# BEAUTY BUZZ

*Christie Hayes gets real when sharing her beauty and hair tips and tricks!*

## What is your daily beauty routine?

I drink a lot of water during the day, ensure I always clean my face morning and night, and sleep with rose oil on. I also use pawpaw ointment for my lips.

## What is your biggest beauty secret?

Toothpaste is great for getting rid of blemishes!

## You have beautiful hair. What's the secret to keeping it so lush?

Thank you! I wash it regularly, but also keep it simple and don't dye it too much, or mess with it. Saltwater is great to create that messy tousled look, and I swear by a regular trim to help with shine and split ends.

## How would you describe your makeup look?

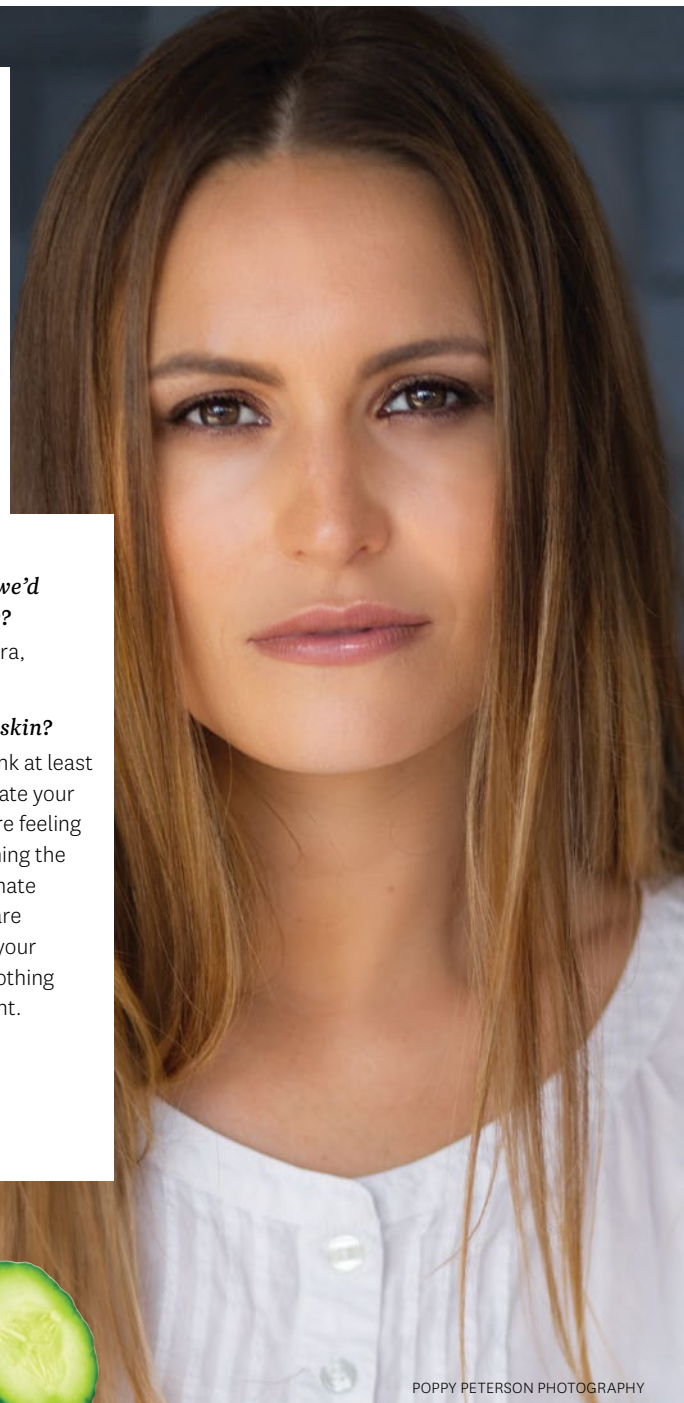
Basic! I go for a glowing base and eyes that pop, but I am very low-key on a daily basis, and don't wear much makeup. I'm also very bad at doing it myself!

## What are five makeup products we'd find in your beauty kit right now?

Tinted moisturiser, bronzer, mascara, lip balm, eyeliner and pink lipstick!

## What are your tips for beautiful skin?

Make sure you get lots of sleep, drink at least two litres of water a day, and exfoliate your skin and face once a week. If you are feeling tired, cucumber is great for refreshing the eyes, and a steam towel is the ultimate relaxation [tool]. Making sure you are fit and active is also important for your overall health, and rose oil is so soothing for your skin when you sleep at night.



POPPY PETERSON PHOTOGRAPHY

LORNA JANE  
LJ 1 LITRE  
WATER BOTTLE \$35.99



PRICELINE NATIO  
AGELESS ROSEHIP OIL  
COLD PRESSED \$19.95



**DARK CIRCLES NO MORE:** MAKE YOUR SKIN APPEAR MORE YOUTHFUL AND GLOWING WITH CUCUMBER SLICES. THIS FRIDGE STAPLE WILL REDUCE PUFFINESS AND SWELLING AROUND THE EYES.

TERRY WHITE CHEMISTS  
NAPOLEON PERDIS  
GOLD MASCARA IN  
LONG BLACK \$39



PRICELINE  
NYX BORN TO GLOW  
LIQUID ILLUMINATOR  
\$14.95



TERRY WHITE CHEMISTS  
NAPOLEON LIPSTICK IN  
GODDESS \$35



NEW SENSATIONS PIERCING  
EYELINER PENCIL \$29.95



TERRY WHITE CHEMIST  
NUDE BY NATURE ANGLED  
BLUSH BRUSH \$24.95



TERRY WHITE CHEMIST  
NUDE BY NATURE PRESSED  
MINERAL POWDER \$39.95



THE BODY SHOP ALMOND MILK  
& HONEY GENTLY EXFOLIATING  
CREAM BODY SCRUB \$29.95





# DOE EYED

*It's big, it's bold, and it's one of the standout beauty trends for 2017. Lashes inspired by the '60s are the ultimate vintage look to try.*

## VIBE: PUNK MEETS STYLED IN THIS BOLD STATEMENT

1. NAPOLEON PERDIS ZINNIA LASHES \$22 2. PRICELINE L'OREAL PARIS VOLUME MILLION LASHES FELINE MASCARA \$24.95 3. PRICELINE MANICARE EYELASH CURLER GOLD \$19.99 4. PRICELINE MAX FACTOR FALSE LASH EPIC MASCARA \$27.95 5. LANCÔME AT MYER DEFINICILS LENGTHENING MASCARA \$54

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# STYLING SECRETS



**ACCENTUATE YOUR CHEEKBONES  
WITH A TOP-KNOT BALLERINA BUN**

**YOU: HIT SNOOZE ON YOUR ALARM  
OVER AND OVER, AND NEED TO BE  
SOMEWHERE FIVE MINUTES AGO.**

**TRY:** *The thrown-together low-pony.*

Start by running a brush through the ends of your locks. Next, loosely gather your hair at the nape of your neck. Secure the ponytail with a hair tie, leaving only a one-inch section of hair free. Wrap the smaller section around the elastic, securing the end with a bobby pin.

**YOU: LIKE TO LOOK EFFORTLESSLY  
COOL, BUT SPEND AN HOUR DOING SO.**

**TRY:** *The impossibly-precise messy bun.*

Lazy girls, rejoice! This style requires no brushing at all. To begin, pull your hair into a rough ponytail at the height of your choice. Separate the ponytail into three sections and use a comb to tease each, creating volume and texture. To finish, separate the hair into two sections and wrap in opposite directions, loosely securing with a bobby pin and fraying the ends for an ultra-messy effect.

**YOU: A SWIPE OF BB CREAM IS  
YOUR EQUIVALENT OF MAKEUP.  
UMM, WHAT IS STROBING?**

**TRY:** *Sleek, straight hair.*

If your hair hasn't been washed in a few days, don't sweat it – the natural oils in your hair will lend a hand! Coat your hair in heat-protection spray and turn on your trusty straightener. Divide the hair into medium-sized sections, clipping all up bar one. Now, simply run the flat iron over the hair, spray with hairspray and repeat for each new section.



**PERFECT FOR ADDING  
SOPHISTICATION TO ANY ATTIRE**

1. GHD PLATINUM AT MYER HAIR STYLER \$315
2. KMART LADY JAYNE COMB \$4.89
3. PRICELINE LADY JAYNE BUN NET \$5.79
4. TARGET REMINGTON KERATIN & ARGAN OIL NOURISH CONICAL TONG \$39.95
5. PRICELINE LADY JAYNE BOBBY PINS PACK OF 25 \$2.59
6. PRICELINE SCULPTURE HAIRSPRAY \$12.99
7. PRICELINE TONI&GUY CASUAL ROUGH TEXTURISER \$15.99
8. TARGET REMINGTON BLUSH STYLE COLLECTION STRAIGHTENER \$29.95
9. COLES TRESEMME ULTRA FINE MIST HAIR SPRAY \$29.95
10. PRICELINE TONI&GUY GLAMOUR MOISTURISING SHINE SPRAY \$15.99





# CLOTHES MAKE THE MAN

*Nothing says sophistication quite like a polished outfit. This season, classic chinos, textured outerwear and statement accessories are men's style necessities.*



8.



9.



10.



ROGER DAVID



1. TAROCASH DIGBY LACE-UP BOOT \$169.99
2. TAROCASH PEAKS REVERSIBLE BELT \$49.99
3. TAROCASH DANBURY WOOL BLEND JACKET \$249.99
4. R.M.WILLIAMS AKUBRA HI-TOP \$250
5. COTTON ON OVERDYE TWILL JACKET \$49.95
6. COUNTRY ROAD CHEST STRIPE CREW KNIT \$89.95
7. SKECHERS MEN'S PALEN DENMORE SHOE \$159.95
8. YD. MUNRO HOODIE \$89.99
9. PLATYPUS SHOES MEN'S 420 RE-ENGINEERED SHOE \$150
10. INSPORT VANS ATWOOD SHOE \$100
11. UNIVERSAL STORE ABRAND A DROPPED SLIM JEAN \$139.95
12. GENERAL PANTS CO. ARVUST SHAMEN JACKET \$169.95
13. SURF DIVE 'N SKI CAPTAIN FIN CO IGGY SHORT-SLEEVE TEE \$59.95
14. ROGER DAVID WANDERER TRILBY HAT \$49.99
15. COUNTRY ROAD BOMBER JACKET \$159
16. JAY JAYS FINN TWO-TONE HOODED VEST \$69.95
17. TAROCASH BOURBON LACE UP SHOE \$159.99
18. COUNTRY ROAD CAMO PRINT WINDBREAKER \$159
19. COTTON ON RODEO JACKET \$59.95
20. BONDS STRIPED GUYFRONT TRUNK \$26.95
21. R.M.WILLIAMS COMFORT CRAFTSMAN BOOT \$545





CONNOR

# JUST LIKE DAD

Style transcends the ages this season. With trendy puffer jackets, street-inspired denim pieces and thoughtful accessories, your little man can look just as cool as you... or maybe even cooler.



1. COUNTRY ROAD WOVEN TRIM TRACKIE \$49.95 2. BLUE SKY KIDS BOYS' SHIRT \$35, UNDER GREY CABLE KNIT \$35 3. COUNTRY ROAD SHELL PARKA \$79.95 4. COUNTRY ROAD CHEST STRIPE T-SHIRT \$39.95 5. BETTS KIDS TUMBLE SHOE \$59.99 6. BEST&LESS BABY JEAN \$20 7. GHANDA KIDS OCEAN STATE SNAP-BACK CAP \$14.95 8. COUNTRY ROAD SHOULDER BASEBALL T-SHIRT \$39.95 9. BEST&LESS BABY TRACKPANT \$15 10. COUNTRY ROAD NYLON VEST \$79.95 11. COUNTRY ROAD BOYS' HALF ZIP HOODIE \$59.95 12. GHANDA KIDS ESKIMO JACKET \$54.95 13. COUNTRY ROAD FIVE POCKET DENIM JEAN \$59.95 14. FOOT LOCKER NIKE FREE RUN TODDLER SHOE \$70





# MINI-ME MATCH

*One thing's for sure: denim is a fabric that everyone can pull off. Style your mini-me in a matching denim dress for cuteness overload. While you opt for sophisticated accessories, finish her look off with super-fun glitter and playful graphics.*

1. BARDOT JUNIOR UNICORN GLITTER BAG \$39.99 2. K MART STRAW HAT \$10 3. COUNTRY ROAD RUFFLE CHAMBRAY SHIRT \$54.95 4. COUNTRY ROAD SPOT PRINT DRESS \$69.95

5. COUNTRY ROAD PLEATED DRESS \$69.95 6. BARDOT JUNIOR WINK BACKPACK \$59.99 7. BEST&LESS GIRLS' FUR PUFFA VEST \$20 8. BETTS KIDS AMAZE SHOE \$59.99

9. SURF DIVE 'N SKI CHEEKY BEANIE \$25.99 10. TARGET LUNAR PRINT DROP WAIST DRESS \$10 11. K MART EMBROIDERED DENIM SKIRT \$15 12. COUNTRY ROAD DENIM PINAFORE \$69.95

13. COUNTRY ROAD MINI STAR KNIT SCARF \$44.95 14. GHANDA KIDS SEQUIN LONG-SLEEVE SHIRT \$29.95 15. BARDOT JUNIOR GLITTER EMOJI BAG \$15

AUTOGRAPH



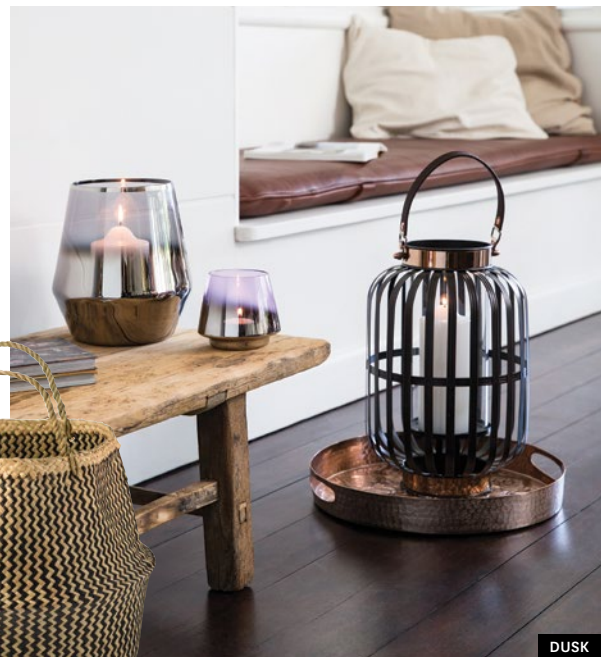
DUSK

INSP



## MEDITERRANEAN DREAMS

*A room inspired by the Mediterranean is welcoming, homely and eclectic. The key to achieving this look is to opt for whitewashed walls complemented by rich colours, intricate and organic patterns, and opulent furnishings such as lanterns and ceramics.*



1. ADAIRS HOME REPUBLIC NORDIC 160X230CM RUG \$499.99 2. ADAIRS HOME REPUBLIC AMHERST RUG \$299.99  
3. TREE OF LIFE CARAVANA EMBROIDERED CUSHION COVER \$20 4. MYHOUSE VELVET POM POM CUSHION \$59.95  
5. BED BATH N' TABLE MORGAN&FINCH SUCCULENT GARDEN IN SQUARE POT \$19.95 6. DUSK IONA SAGE TEALIGHT HOLDER \$6.99 EACH  
7. DUSK ADANA ROUND LANTERN \$59.99 8. DUSK ADANA SQUARE GOLD LANTERN \$49.99 9. ADAIRS MERCER + REID POPPY BASKET \$69.99  
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# PIRED BY



## SCANDI STYLE

*The sheer functionality, chic minimalism and stunning aesthetic means the Scandinavian style will work in any room of the house. Soft pastels and light timber will nail the look!*



1. MYHOUSE BOHO RUG \$149.95 2. BED BATH N' TABLE MORGAN&FINCH HANGING WALL MIRROR \$99.95 3. AHINAH HOMEWARES WESLEY WALL CLOCK \$109.95 4. BED BATH N' TABLE MORGAN&FINCH FLOATING FRAMES FROM \$32.95 5. TARGET SONOMA SINGLE DRAWER DESK \$69 6. SEAWEED AND SAND VOLUTA NOBILIS SHELL \$16.95 7. ADAIRS MERCER + REID POM POM BASKET \$34.99 8. HOUSE CASA DOMANI VETRO OVAL 18CM TERRARIUM \$39.95 9. KMART ARTIFICIAL PLANT ON STAND \$15 10. ADAIRS HOME REPUBLIC LONSDALE CHAIR \$799.99





BED BATH N' TABLE



# HYGGE IT OUT

*When did you last spend time with your loved ones and feel completely, utterly content? That ineffable feeling actually has a name, thanks to the Danish language: it's called hygge (pronounced HOO-gah).*



@christiehayes

*"I love [playing] silly games where we make a mess, like turning the hose on and getting wet [while we're] fully-dressed."*

The hygge movement is making waves in the interior design world, encouraging people to emulate that feeling of soft contentment with their furnishings and colour schemes.

While the cosiness of hygge is perhaps achieved more effortlessly in the Winter months, it can be experienced all year round.

i98FM radio host Christie Hayes says that some of her happiest moments are when she's spending time with her two sons.

"I love [playing] silly games where we make a mess, like turning the hose on and getting wet [while we're] fully-dressed. There is no one funnier to me than my kids – we have fun and they bring out my inner child. They show me what's fun and how important it is to play."

Perhaps the most essential part of hygge is prioritising your own self-care. As a parent,

it can be difficult to remember that your own wellbeing is as important as your children's, but Christie maintains that "you can find moments to make wonderful".

She turns to "good food, wine, a film or even a cuddle" when relaxing with her partner.

When asked about her top tips for self-care, Christie's preferred methods reveal a surprisingly simple action plan.

"Having conversations with great friends, loving yourself and getting enough sleep when possible," she says. "If I'm stressed, I write down why. I also have a rule in life where I must achieve three things a day: paying a bill, having a doctor's appointment – whatever it may be. Have your life in order so you can [achieve] your dreams."

## HERE ARE SOME SIMPLE TIPS FOR ACHIEVING HYGGE IN YOUR OWN HOME THIS SEASON:

1 Soft, luxurious furnishings are perfect for snuggling up.

TARGET CHUNKY CABLE KNIT THROW \$49

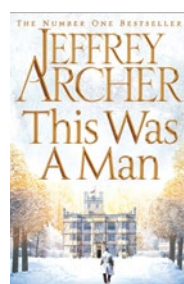


2



Create a soft, serene ambience with candles or a string of fairy lights.

DUSK ISLA BLUSH TEALIGHT HOLDER LARGE \$9.99, ISLA GOLD TEALIGHT HOLDER SMALL \$6.99



3

Settle in with a good book and a cup of tea or hot chocolate.

KMART THIS WAS A MAN BY JEFFREY ARCHER \$22



4

Cook a delicious meal with your family.

KMART GLAZED LARGE BOWL \$3, 16-PIECE CUTLERY SET \$19





# PARISIAN PERFECTION

*Styling your home with a Parisian theme is timeless and refined. Nail the classic aesthetic of French-inspired interior styling with soft, romantic touches such as plush textiles and elegant artworks. Don't forget the flowers!*

1. HARRIS SCARFE FRAME 5X7 \$11.95 2. BED BATH N' TABLE MORGAN&FINCH 50X50 MONGOLIAN FAUX CUSHION \$59.95  
 3. AHINAH HOMEWARES CLARICE MIRRORRED FRAME WALL CLOCK \$599.95 4. ADAIRS HOME REPUBLIC ZOE GALERIE PRINT \$199.95  
 5. MYHOUSE NIGHT GARDEN FLOOR CUSHION \$99.95 6. AHINAH HOMEWARES WALTER DRINKS TROLLEY \$399.95 7. ADAIRS HOME REPUBLIC COPENHAGEN CHAIR \$999.99  
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## SOUL FOOD

What's better than a big plate of comfort food on a chilly Winter's night? Nothing, that's what! Snuggle up on the couch and indulge in these delicious and cheesy European creations.



# TARTIFLETTE WITH RACLETTE

**TIME: 30 minutes** **DIFFICULTY: Easy** **SERVES: 4**

## INGREDIENTS

650g Raclette cheese per person, sliced  
1 kg Charlotte or kipfler potatoes  
300g speck, rind removed and sliced  
125ml double cream  
2 onions, sliced

## METHOD

Preheat your oven to 220° Celsius.

Peel the skin off the potatoes, place into a saucepan of boiling water and salt. Boil for 20 minutes or until soft.

Place the sliced onions into a fry pan over medium heat and cook until golden.

Then, cut the potatoes into slices.

Next, in a big bowl, mix the potatoes, onion, speck and cream together. Season with a bit of salt and pepper.

Then, place the mixture into a baking tin and top with the sliced cheese.

Cook for 30 minutes or until cheese is melted and a golden colour.

*Bon appétit!*

PICK UP ALL YOUR FRESH AND AFFORDABLE INGREDIENTS FROM TRIM'S FRESH. RACLETTE CAN BE A BIT SMELLY, BUT DON'T WORRY – THE TASTE IS MUCH Milder THAN THE SMELL.

# CHICKEN, ZUCCHINI AND PARMESAN SOUP

**TIME: 45 minutes** **DIFFICULTY: Easy** **SERVES: 4**

## INGREDIENTS

½ cup premium olive oil  
700g zucchini, chopped  
150g chicken breast, diced + 1 tbsp olive oil (OPTIONAL)  
1 tbsp garlic, heaped  
½ tsp chili flakes  
1 large handful basil, chopped  
1 large handful parsley, chopped  
Pinch of salt and pepper to taste  
800ml chicken stock  
½ cup pouring cream  
1 cup parmesan cheese, grated  
1 loaf crusty sourdough bread, sliced

## METHOD

Heat 1 tablespoon of olive oil in pan and fry chicken until cooked. Place cooked chicken in separate bowl and place to one side.

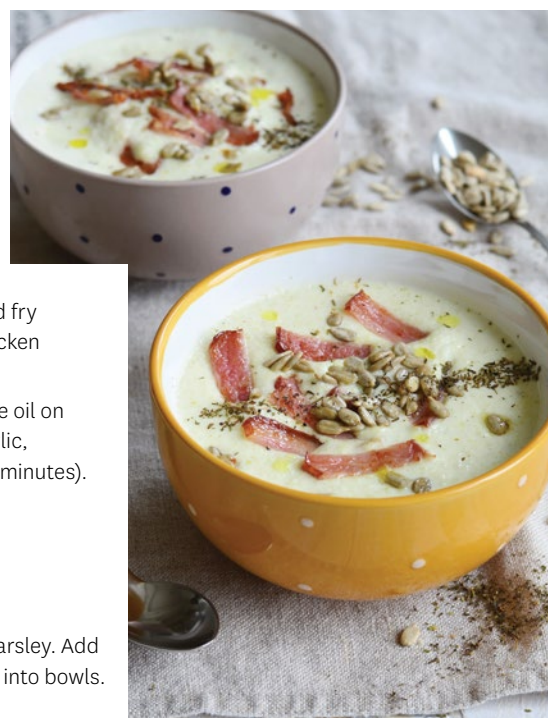
In a deep saucepan, heat premium olive oil on medium heat and sauté chili flakes, garlic, basil and zucchini until soft (around 10 minutes).

Add salt, pepper and stock to pan, and simmer for 12 minutes.

Use a handheld processor to blend the mixture to a smooth consistency.

Stir in pouring cream, parmesan and parsley. Add chicken and give a quick stir, then ladle into bowls.

Serve with crusty bread.



THE GREENER THE OLIVE OIL, THE BETTER. BUY QUALITY INGREDIENTS FROM TRIM'S FRESH. DELICIOUS FRESH BREAD FROM BAKERS DELIGHT IS THE PERFECT ACCOMPANIMENT.

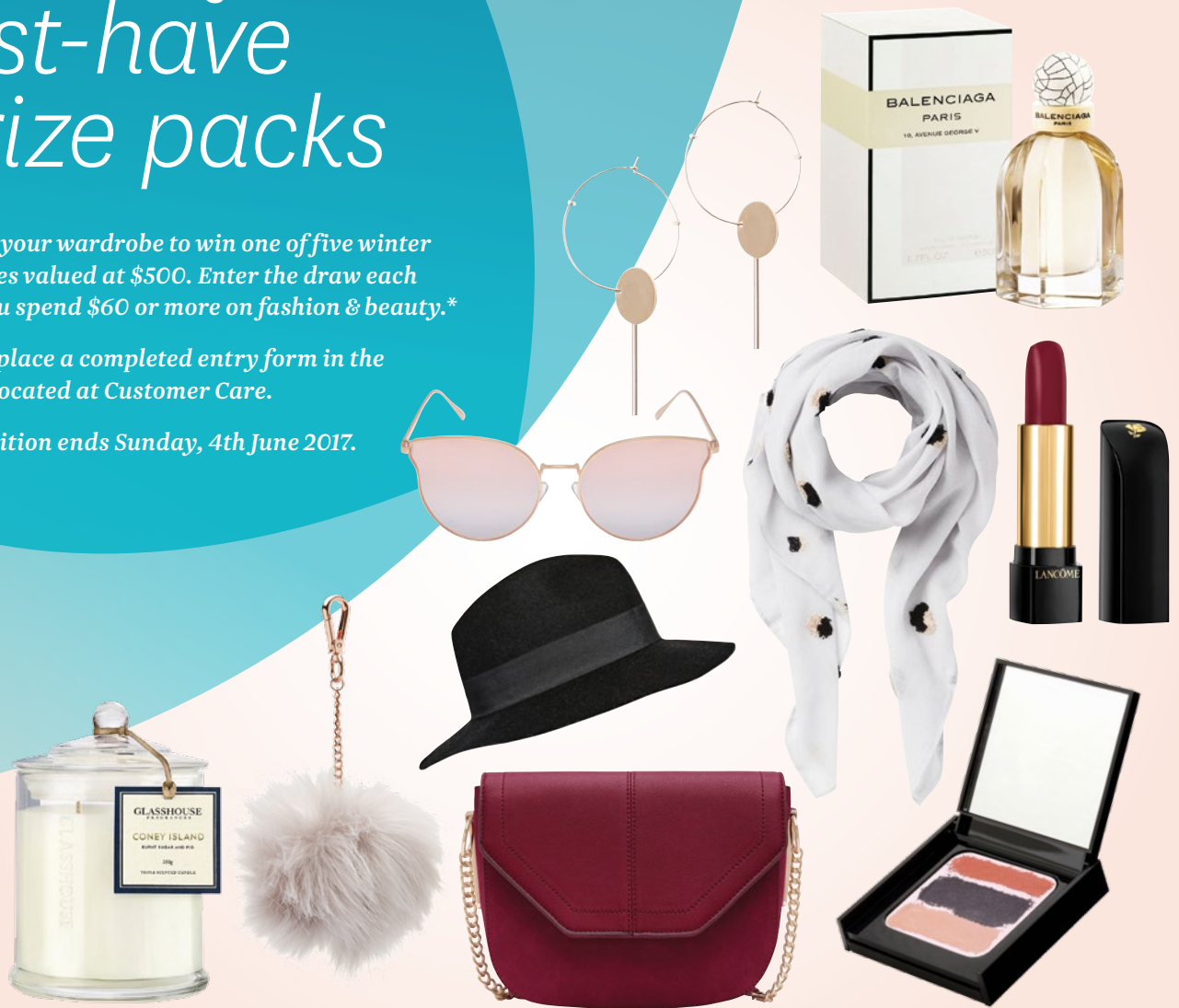


# Win 1 of 5 lust-have prize packs

Update your wardrobe to win one of five winter packages valued at \$500. Enter the draw each time you spend \$60 or more on fashion & beauty.\*

Simply place a completed entry form in the barrel located at Customer Care.

Competition ends Sunday, 4th June 2017.



*The pack features the most on-trend pieces from Forever New, Witchery, Lovisa, Terry White Chemists, Sportsgirl, Lancome at Myer, Jeanswest and Ahinah.*

\*Terms and conditions apply; visit [stockland.com.au/shellharbour](http://stockland.com.au/shellharbour) for full details. Up to three receipts can be accumulated from participating fashion and beauty stores at Stockland Shellharbour to reach the \$60 spend. See full terms and conditions for participating retailers. Entries close 4pm Sunday, 4th June 2017.

## Trading hours

Monday-Wednesday	9am-5:30pm
Thursday	9am-9pm
Friday	9am-5:30pm
Saturday	9am-4pm
Sunday	10am-4pm
The Avenue	Open 'til late

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