

9 August 2019

133 Castlereagh Street
Sydney NSW 2000

www.stockland.com

For media enquiries

Ashley Chrysler
Media Relations Consultant
Stockland
T +61 (0)290 354 048
M +61 (0)472 653 297
ashley.chrysler@stockland.com.au

Stephanie James
Media Relations Manager
Stockland
T +61 (0)290 352 492
M +61 (0)438 329 762
stephanie.james@stockland.com.au

MAYBROOK VILLAGE ENCOURAGES SENIORS TO DEVELOP 'IT' FACTOR IN NORTHERN BEACHES

Local seniors in the Northern Beaches and beyond are invited to Maybrook Retirement Village on Wednesday, 14 August to learn the 'IT' factor – that is, I.T.

As part of the Be Connected program, seniors will be offered the opportunity to increase their confidence and skills when using the internet and everyday technology.

Fiona Russell, Village Manager at Maybrook Retirement Village, said that the Tech Savvy Retirees event will be a fun and engaging way for seniors to improve their computer literacy.

"The internet provides a great way to connect with family and the community which is especially important for retirees.

"We want to empower seniors to use technology confidently, and ultimately, make a positive impact in their lives.

"We hope that local seniors will learn and appreciate the value of being connected online and gain the confidence and skills needed to continue using digital technologies."

Both Maybrook residents and seniors across the community will be 'left to their own devices', with a focus on learning how to online shop and bank, as well as navigate the MyGov website.

Jan Carruthers, resident at Maybrook Retirement Village, said that the program will be most beneficial for herself and others who are looking to improve their tech skills and knowledge.

"I think I'm most looking forward to learning how to navigate MyGov and be able to ask questions of someone who knows a lot about I.T."

The Tech Savvy Retirees event will be held on Wednesday, 14 August from 10.30am to 1pm at the Maybrook Retirement Village. Seniors will also have the opportunity to tour the village and speak with staff and residents about what life is like living at a Stockland village. Booking* is required and spots are limited.

*Call 1800 72 71 70 or visit stocklandretire.com.au to book.

ENDS

About Stockland: Stockland (ASX: SGP) was founded in 1952 and has grown to become Australia's largest diversified property group – owning, developing and managing a large portfolio of shopping centres, residential communities, logistic centres, business parks, office assets and retirement living villages. Stockland is rated as one of the most sustainable real estate companies in the world by the Dow Jones Sustainability World Index (DJSI). Stockland is also an Employer of Choice for Gender Equality, as recognised by the Workplace Gender Equality Agency www.stockland.com.au