

*Jamie's*

# MINISTRY OF FOOD AUSTRALIA



**Jamie's Ministry of Food are running 3 interactive cooking demonstrations, brought to you by Stockland Willowdale**

#1 Easy Lunch-time Solutions	#2 Recipes for Busy People	#3 How to Read Food Labels
Wednesday 6/9 4pm - 5pm	Wednesday 13/9 4pm - 5pm	Wednesday 20/9 4pm - 5pm
Wednesday 27/9 4pm - 5pm	Wednesday 4/10 4pm - 5pm	Wednesday 11/10 4pm - 5pm
Wednesday 18/10 4pm - 5pm		

**Willowdale Community Place - 93 Jamboree Ave  
Leppington, NSW 2179**

**Duration:** Running on Wednesday's from 4pm - 5pm

**Cost:** Concession: \$10, Student: \$15, Adult: \$20

For more info or to book, phone: 03 9282 9100 or visit

**[www.jamiesministryoffood.com.au](http://www.jamiesministryoffood.com.au)**

**THE  
GOOD  
FOUNDATION**

  
**Stockland**  
*it's your place*

**Woolworths**   
*The fresh food people*