

Devote some time in the day just for you!

FUN FREE OUTDOOR FITNESS CAMPS

STARTS THURSDAY 27TH OCTOBER
MAINVIEW RESERVE, ALLURA
CNR MAINVIEW BLVD AND VIBRANDIA WAY
TRUGANINA

NO JOINING FEE, NO CLASS FEE, IT'S ALL FREE!



have fun!



renew your energy



feel fit and strong!



make time for you



meet new friends

REGISTER TODAY TO BOOK YOUR SESSION
AND GET A FREE TAILORED NUTRITION PLAN!

www.livelifegetactive.com



CLASSES START AT 6.30AM DAILY - EACH RUNS FOR 45MINS

Mon



X-TRAINING

Tue



BOXING

Wed



X-TRAINING

Thurs



BOXING

Fri



YOGA

PROUDLY SUPPORTED BY



Live Life Get Active is a community initiative that is facilitated and funded by Corporate Australia and Local Government.

Live Life Get Active Pty Ltd ABN 53 152 823 071