

Devote some time in the day just for you!

FUN FREE OUTDOOR FITNESS CAMPS

STARTS TUESDAY 21ST FEB 2017

LANNAM ROAD PARK
LANNAM ROAD, HILBERT

NO JOINING FEE, NO CLASS FEE, IT'S ALL **FREE!**



EACH CLASS RUNS FOR 45MINS



X-TRAINING

Mon 5.30PM



BOXING

Tues 9.30AM



X-TRAINING

Wed 5.30PM



BOXING

Thurs 9.30AM



YOGA

Fri 9.30AM

REGISTER TODAY TO BOOK YOUR SESSIONS
AND GET A **FREE** TAILORED NUTRITION PLAN!

www.livelifeggetactive.com



PROUDLY SUPPORTED BY



Stockland
it's your place



FITTER, HEALTHIER, HAPPIER

Live Life Get Active is a community initiative that is facilitated and funded by Corporate Australia and Local Government.

Live Life Get Active Pty Ltd ABN 53 152 823 071